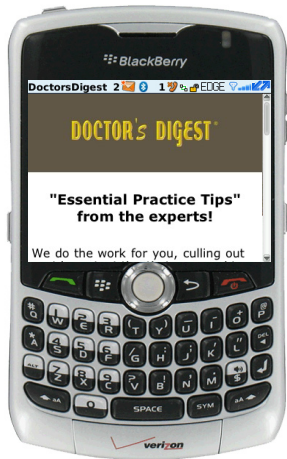


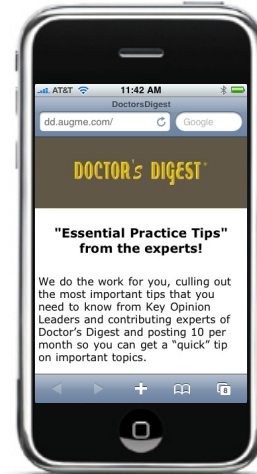


AUGMEMOBILE
HEALTH



Text **Digest** to 87415 or
Scan this 2D barcode.

Welcome to Doctor's Digest
Mobile Website



How to Compose a Text Message (SMS) from your BlackBerry:

1. On the Home screen of your BlackBerry, scroll to the Messages icon.
2. Select the Menu key.
3. Use the trackball to scroll down until you see Compose SMS Text and click the trackball.
4. Enter the mobile number or select a contact from your address book and click the trackball.
5. Enter your text message using the keyboard and click the trackball.
6. Select Send with the trackball.

How to Scan a 2D Barcode from your BlackBerry

If you do not have a Barcode Reader installed, follow these steps:

1. On your phone's mobile web browser, go to: <http://dl.augme.com>.
2. It will automatically detect your phone. Simply select the click here link and you will be directed to download BeeTagg.
3. Select Download Reader.

When you have BeeTagg installed, follow these steps:

1. Scroll using the trackball until you highlight the BeeTagg icon.
2. Position camera over entire 2D Barcode and take picture by clicking the trackball.
3. When the 2D Barcode registers, you will automatically be directed to the mobile web experience.
4. When you are finished browsing the mobile web, select the Exit button with the trackball to return to the home screen.

How to Compose a Text Message (SMS) from your iPhone

1. On the Home screen of your iPhone, touch the Messages icon.
2. In the upper right-hand corner, touch the Compose New Message icon.
3. Enter the mobile number or select a contact from your address book.
4. Touch the area to the left of the Send icon to compose your text message.
5. Touch the Send button when complete.

How to Scan a 2D Barcode from your iPhone

If you do not have a Barcode Reader, follow these steps:

1. On the Home screen of your iPhone, touch the App Store icon.
2. On the bottom tool bar, touch the Search icon.
3. Touch the Search bar on the top of the screen and type BeeTagg Reader.
4. Touch BeeTagg Reader and touch Free in the top right corner. This will prompt you to enter your iTunes username and password.
5. BeeTagg Reader will Install.

*NOTE QuickMark can also be downloaded for a \$2 charge.

When you have BeeTagg installed, follow these steps:

1. On the Home screen of your iPhone, touch the BeeTag App. Application will open, select Camera.
2. Take picture with your iPhone of 2D Barcode.
3. Touch the Use button if it is a clear picture. If picture is not clear, touch Retake.
4. You will then be automatically directed to the mobile web experience from the 2D Barcode.
5. When you are finished browsing the mobile web, select the Done button to return to the home screen.